

The Room Massage Therapies



50 University Street

Address

Contact Person

Mobile Number

Email

Welcome to The Room Massage Therapies. The Room Massage Therapies is located in the centre of Belfast just minutes walk from Queens University. We offer you an holistic approach to health, focusing on body, mind and spirit. We provide a welcoming and tranquil environment with warm, beautiful fully equipped therapy rooms and a yoga and meditation studio. We offer a wide range of massage therapies to suit every individual. If you are after pain relief, stress management, sports maintainence or just some relaxation - the room massage centre is just for you. Consultations are given before and after every treatment, these are confidential and do not eat into your treatment time. All therapists are fully qualified, professional and highly skilled. The room also has a loyalty scheme wereby you can build up plus points when you receive a treatment or refer a friend awarding you a free treatment. The room also offers group and individual yoga and meditation classes suitable for people of all ages whatever your level of yoga and fitness. The early morning and evening group yoga classes are small therefore you get the attention you need. Other complementry and alternative therapies are also available in the room. This is the place that gives you room to think, room to heal and allows you to make 'the room' in your life for you

For more details, please visit <https://uk.ibizexpert.com/the-room-massage-therapies-belfast-4814>
